

# **Peanut Free Policy** 2022-2023

Signature:

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**Review Date:** 

## **Policy Statement**

Stanchester Academy aims to practice a peanut free policy. This policy serves to set out all measures to reduce the risk to those children and adults who may suffer an anaphylactic reaction if exposed to nuts to which they are sensitive.

# Definition

Anaphylaxis (also known as anaphylactic shock) is an allergic condition that can be severe and potentially fatal. Anaphylaxis is your body's immune system reacting badly to a substance (an allergen), such as food, which it wrongly perceives as a threat. The whole body can be affected, usually within minutes of contact with an allergen, though sometimes the reaction can happen hours later.

#### We aim

• To be a peanut-free school, but it is impossible to guarantee that no products with traces of peanuts will be brought onto the site.

- To raise awareness about allergies to our school community.
- Provide a safe learning environment for all.

• Give assurance to those families/children with severe allergies that we take the management of these seriously.

#### We request that:

• Parents/carers DO NOT send food to school that contains peanuts. This includes all types of peanut based products: peanut butter, cereal/chocolate bars that contain peanuts.

• Staff are alert to any obvious signs of peanuts being brought into school, but they will not inspect all food brought into school.

• Students who do bring in food that does contain peanuts or peanut products by mistake will have the food confiscated and will be asked to wash their hands.

• Students do not share food.

• The school kitchen will ensure all cooked food is peanut free.

### **Staff Responsibility**

The onus falls on all staff to read and follow this policy both in school and when out on trips and outings. Staff and volunteers must ensure they do not bring in or consume peanut products within school and ensure they follow good hand washing practice. Caution must be taken at certain times of year such as Easter and Christmas. If Staff distribute confectionary care must be taken to ensure that no peanuts are included in the product. Our staff are able to administer an Epi Pen

### **Parent Responsibility**

Parents must notify staff of any known or suspected allergy to peanuts and provide all needed information detailed on their child's individual Healthcare plan.

Parents must not allow their child to bring in any food or treats unless they have checked the ingredients carefully, likewise for snack and lunch box choices and for food and cookery classes. Lunch box items will be removed by staff if they contain peanuts or peanut products.

# **Student Responsibility**

Students will be reminded about the no-peanut policy, as well as the good hygiene practice of washing hands before and after eating which helps to reduce the risk of secondary contamination.

#### **Health Plans and Emergency Response**

We have individual Healthcare plans for students with allergies on SIMS, as well as in their educational files, and allergy lists are displayed in staff only zones, highlighting Healthcare plans in place, triggers and medication (medication will be stored, administered and documented in accordance with our Administering Medicine Policy). In addition, spare epi pens shall be kept on site for each individual with anaphylaxis.

#### If your child carries an Epi Pen, please ensure that a spare Epi Pen has been provided the school.

Staff and parents are made aware of this policy and the symptoms associated with anaphylaxis.